

Wright City parks and Rec Presents

# Twist & Tumble Beginner Tumbling Class



Join us this January for Twist & Tumble! For tumblers ages 4-6, this class combines fitness elements with beginner tumbling skills to create a high-energy, fun learning environment. Students will learn drills to help them improve balance, coordination, strength and flexibility using props and gymnastics equipment. Recommended for boys and girls ages 4-6

Why choose Warren County Performing Arts Center?

1. **Small Class Sizes** - To ensure maximized individual attention and an organized class, no more than 8 students will be accepted into each class.
2. **Set curriculum** - Instructors follow a pre-written curriculum so each class flows into the next and students are progressing appropriately.
3. **Conservative Music & Movements at all times!** Never worry about your child being exposed to inappropriate music or suggestive movement in this class.
4. **Certified Adult Instructors** - Classes will be taught by Julie Stewart, a 15-year dance teacher with 30 years of experience in the dance industry. You will be assured professionally-run classes every time with an instructor well-versed in dance education and communication with children.

Classes will be held at Diekroeger Park in Wright City Thursdays 6:45-7:15. Cost is \$55 for 7-week session. To register for this program, please fill out the form below along with full session payment and mail to:

Julie Stewart  
4 Ellis Ave  
Troy, MO 63379

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Twist & Tumble

Student's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Parent's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

This class fills up fast so register today! Contact us for more information!  
(636) 466-1852 WCPACDance@gmail.com